

The American University of Beirut Medical Center, the Nursing Department Clinical and Professional Development Center, and the Department of Pharmacy, in collaboration with the Healthcare Professional Development Center, and the Naef K. Basile Cancer Institute present

7TH MIDDLE EAST LUNG CANCER CONGRESS

July 4, 2025

Nursing & Pharmacy Symposium

Syllabus



American University of Beirut Medical Center Nursing Services Clinical and Professional Development Center is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



AMERICAN
UNIVERSITY OF BEIRUT
MEDICAL CENTER

Department of
Pharmacy

Clinical and
Professional
Development
Center



AMERICAN
UNIVERSITY OF BEIRUT
FACULTY OF MEDICINE

HEALTHCARE
PROFESSIONAL
DEVELOPMENT
CENTER

The 7th Middle East Lung Cancer Congress Nursing & Pharmacy Symposium

Course Format

Hybrid

Nurse Planners

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Pharmacy Planner and Moderator

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Nurse Moderator

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Content Experts/ Speakers

Alissar Ghaddar, Pharm.D.

Senior Clinical Pharmacist, Department of Pharmacy
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Clinical Pharmacist, Department of Pharmacy
American University of Beirut Medical Center

Perla Menassa, Pharm.D.

Clinical Pharmacist, Department of Pharmacy
American University of Beirut Medical Center

Marcelle Said, BSN, RN

NKBCI Specialty Clinics Registered Nurse
American University of Beirut Medical Center

Eliane El Sett, MSN, RN

NKBCI Out-Patient Unit Registered Nurse
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Celine Bakri, BSN, RN, MBAI

Pain and Palliative Care Registered Nurse
Clemenceau Medical Center
Beirut, Lebanon

Rebecca El-Asmar, MSN, RN, AOCNS

Adult Oncology Clinical Nurse Specialist
Clinical and Professional Development Center
American University of Beirut Medical Center

General Information

The 7th Middle East Lung Cancer Congress Nursing and Pharmacy Symposium offers evidence-based, practice-oriented insights into the evolving landscape of lung cancer care. From early detection and smoking cessation to advances in systemic treatment, targeted therapies, survivorship, quality of life, and palliative care, attendees will be able to engage with healthcare professionals from different disciplines to share knowledge, exchange practices, and stay up to date with the latest developments. The symposium aims to enhance participants' knowledge and ultimately improve patient outcomes.

Learning Outcomes

Upon completion of this activity, participants will be able to:

- List current strategies and guideline recommendations for lung cancer screening, early detection, and smoking cessation.
- Evaluate current systemic therapy options for non-small cell and small cell lung cancer, including advances in immunotherapy, targeted agents, and perioperative approaches.
- Recognize and manage common adverse effects of lung cancer therapies, including immune-related toxicities and targeted treatment toxicities.
- Describe the evolving role of clinical pharmacists in optimizing therapy, monitoring toxicity, educating patients, and supporting survivorship care.
- Apply supportive and palliative care strategies to address symptom burden and improve quality of life for patients with lung cancer.

Knowledge acquisition will be validated through participant self-report and active participation in case-based discussions during the sessions.

Target Audience

This program is targeted towards registered nurses, pharmacists, oncologists, and other healthcare professionals involved in the care of patients with lung cancer. The session is also relevant for other healthcare professionals who have an interest in attending, including those involved in lung cancer research and advocacy.

Contact Hours

To claim full contact hours, participants should:

- Attend the whole program
- Complete the online education activity evaluation survey

Participants will be awarded 3.25 contact hours, including 1.5 pharmacotherapy contact hours, by the American University of Beirut Medical Center provider unit (CPDC), which is the entity responsible for ensuring adherence to the American Nurses Credentialing Center's criteria.

Registered pharmacists who attend the whole program will be awarded 1.5 contact hours by the Order of Pharmacists of Lebanon (OPL) for this application-based pharmacy activity.

Program Fees

This session is offered at no cost to participants.

None of the planners or presenters for this activity have relevant financial relationship(s) to disclose with ineligible companies.



Program Outline

**Moderators: Dr. Rony Zeenny, Pharm.D., MPH, BCPS, FASHP
& Ms. Rebecca El Asmar, MScN, RN, AOCNS**

2:00–2:10 pm

Welcome and NCPD Requirements

Mr. Mohamad Issa & Mr. Rami Chami

2:10–2:20 pm

Course Introduction

Dr. Rony Zeenny & Ms. Rebecca El Asmar

2:20–2:40 pm

Early Detection and Screening Strategies for Lung Cancer

Ms. Marcelle Said

2:40–3:00 pm

Advances in Systemic Therapy After Surgical Resection of Non-Small Cell Lung Cancer

Dr. Carl Aoun

3:00–3:20 pm

Targeted Therapy for Oncogene-Addicted Non-Small Cell Lung Cancer: Current Updates and Future Directions

Dr. Jad Ghaddar

3:20–3:40 pm

The Evolving Role of Immunotherapy in Early-Stage Small Cell Lung Cancer

Dr. Perla Menassa

3:40–4:00 pm

Coffee Break

4:00–4:20 pm

Enhancing Quality of Life and Outcomes with Epidermal Growth Factor Receptor Inhibitor

(EGFR)-Associated Dermatologic Toxicities

Ms. Rebecca El-Asmar

4:20–4:40 pm

Smoking Cessation Programs and Public Health Initiatives in Lung Cancer

Ms. Eliane El Sett

4:40–5:00 pm

Lung Cancer Survivorship and the Role of Clinical Pharmacists in Long-Term Care

Dr. Alissar Ghaddar

5:00–5:20 pm

Palliative Care and Symptom Management in Advanced Lung Cancer

Ms. Celine Bakri

5:20–5:30 pm

Debriefing and Evaluation

Dr. Rony Zeenny, Ms. Rebecca El Asmar, & Mr. Rami Chami

Contact Information

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